

MINNESOTA MONTHLY ANNOUNCEMENT DECEMBER 2020



Upcoming Events

Holiday Virtual Bingo

December 18th
12pm - 2:30pm

Brittany will be hosting a free holiday virtual bingo with prizes! Please register by Tuesday, December 15th. *

Holiday Zoom Party

December 18th
3:30pm - 5pm

Join our annual Holiday party! There will be an ugly sweater contest and trivia! * [JOIN HERE](#)

7th St Holiday Show

December 19th

Our performance group will be premiering their Holidayze Virtual Variety Show! Check it out [HERE!](#)



Ornament Challenge

Mains'l is issuing a challenge to YOU! Come up with your best version of a Mains'l Holiday Ornament. The only rule is that the ornament must feature either the word Mains'l or the Mains'l Logo.

Please submit a picture of your ornament to jrstone@mainsl.com no later than 12/15. Will YOU accept the challenge?? *

*See attached flyers for more information on events.

Flash Mob Music Video!



Get your dance moves on! Mains'l is creating a Virtual Flash Mob Music Video, and we invite you to join us!

[GO HERE](#) for instructions and to learn the dance moves! You can also show us your own dance style! Attached is a flyer with additional details and direction.

FUN DAYS IN DECEMBER

Dec. 10: Hanukkah Start
Dec. 21: Winter Solstice
Dec. 25: Christmas Day
Dec. 26: Kwanzaa
Dec. 26: Boxing Day
Dec. 31: New Year's Eve



Support our Print Shoppe!

Discover some great holiday gift giving ideas from our local custom design shop in Chico! You can purchase items with designs from local artists, or provide your own design, for a truly one-of-a-kind gift.

Here's a link for more information about The Print Shoppe: <https://www.mainsl.com/shoppe/>.



With the holiday season fast approaching we have a wonderful opportunity to give to children who are less fortunate by giving to the “**Max’s Toys for Joy**” drive. Max Soposnick, who was a dear friend and colleague at Mains’l, began this endeavor in 1992 and we continue to carry on the tradition in her memory each year. Mains’l is partnering with our local [CEAP](#) to bring joy to children in our community this holiday season.

CEAP typically provides a toy shopping experience for parents during the holidays, but that can’t be done safely this year. Instead, CEAP is asking us provide gift cards so that parents can purchase gifts on their own!

All gift cards are welcome, but here is what they prefer:

- Amounts between \$10 and \$50
- Target, Walmart, or Amazon



These stores offer safe and easy ways for families to shop online and pick up curbside, or have items shipped to their home. They also offer items for the whole family.

To make it safe for Mains’l to give the gift of joy, there are two simple ways to give:

- Mail your gift card to CEAP at 7051 Brooklyn Blvd., Brooklyn Park, MN 55429.
- You can purchase an e gift card, and have it emailed directly to jack.elsnes@ceap.com.

Here are links to purchase e gift cards:

[Target E Gift Card](#)

[Walmart Gift eCard](#)

[Amazon.com eGift Card](#)



Gift cards should be delivered to CEAP by Friday, December 18th.

We would love to know about your contribution. Please email recognition@mainsl.com to let us know that you have sent a gift card and are carrying on the Max tradition!



Happy holidays to you and your family! We wish you blessings on the season, and we also want you, the people we support, and our friends and family to be safe! Please continue wearing your masks and follow all universal precautions. Our wellness depends on it!

- Covid Response Team

November 2020 Compass Award Winners!

HR Team

The HR Team demonstrates excellence, collaboration, and serving others. Pandemic or not, they have pivoted and added to their plates all year and provide unwavering partnership in fulfilling our vision.

Alaina Sylvester

Alaina Sylvester has been flexible working with someone she supports with changing her schedule while working other jobs and going to school. She has helped this person move twice now and has really stepped up. Alaina has created a space for the person supported to trust her and build a relationship with her which has not always been something that this person has done.

Sue Saman

Sue has been an amazing support in her work with behavioral supports and mental health supports. Sue has changed her schedule to meet the needs of others and to be able to support them. She has built trusting relationships with others so that there can be serious talks and then be silly at times as well.

Jani Bush

Jani Bush lives our core value of collaboration and partnership. She makes time to help out other managers, including covering shifts at other homes and still finding time to partner with the mental health team to try new things for someone she supports. She shows up in a way that encourages others and fills others with joy.

Want to recognize a member of the Mains'l Crew? Here is How:

- 1) Write an On-The-Spot for them, a note saying how much you appreciate their hard work and hand it to that person.
- 2) Submit a Compass Award Nomination for them, Nomination Forms can be submitted online [HERE](#)

“We know 2020 has been a really difficult year, one thing that can hold us together and help us get through is kindness. Kind actions lift our spirits, enhance relationships and benefit those around us. Kindness is a gift in both directions - let’s share as much of it as we can.” – Action of Happiness

DSPs: How are you doing?

After more than eight months since a national emergency was declared due to the COVID-19 pandemic, how are you coping on the job? What do you need? Are you working more hours? The National Alliance of Direct Support Professionals (NADSP), in partnership with the Institute on Community Integration at the University of Minnesota, is conducting a survey on the impact of the COVID-19 pandemic on direct support professionals. Your responses will help us identify the most effective ways to protect DSPs and the people you support.

[If you are a DSP
TAKE THE SURVEY HERE](#)

COVID TIP: Order Your FREE COVID-19 At-Home Saliva Test

Minnesota and Vault Medical Services have teamed up to offer at-home COVID-19 saliva testing for any person who believes they need to be tested, with or without symptoms, with or without health insurance, at no cost.

To order yours, [CLICK HERE](#).