

MINNESOTA MONTHLY ANNOUNCEMENTS NOVEMBER 2022



FUN DAYS IN NOVEMBER

Nov 3: Sandwich Day
Nov 11: World Origami Day
Nov 14: Loosen Up Day
Nov 20: Absurdity Day
Nov 25: Buy Nothing Day



In honor of our commitment to offering resources and advocating, please see attached for information for you and the people we support to make sure your vote counts and you are aware of your options.



Minnesota has events throughout the month in honor of Native American Heritage month. Check out more information here:

<https://www.minneapolis.org/calendar/holidays/native-american-heritage-month/>

<https://nativeamericanheritagemonth.gov/>

How to Better Manage Stress

The Mains'l Wellness team has a new video to share with you. Check out the video here:

<https://youtu.be/K76dHuSONWI>

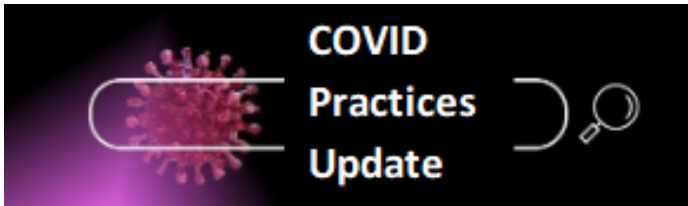


How To Better
Manage Stress

Sept Compass Award Winners

*Sammie Wagner, Theresa Martin,
Picnic Planning Team: Jack Pitney,
Angela Lester, Brittany Wood, Kayla
Fredrickson, Lexi Graunke, Dan Wright,
Huburn Bright, Joy Saina, Katelyn
Roedler, Lisa Baur*

Want to nominate someone? The form can be found and submitted through the website: <https://www.mainsl.com/compass-nomination/>



Effective November 1st, we will no longer be requiring COVID testing or masking for in-person meetings and gatherings. If you are not feeling well, we continue to ask that you stay home. Your wellbeing remains a priority.

The practice of wearing masks while offering close personal cares remains in place.

Nurse Nancy will continue monitoring community levels weekly, and we will inform you of any updates or changes to our practices.



We're excited to unveil Center On Me, a truly innovative person centered planning virtual platform. Center On Me empowers people to control their own narrative while creating their own person centered plan, in the comfort of their

own home. The platform guides users through three simple steps in an interactive, highly visual way. Not only will the plan owner have complete control over what goes into the plan, they will be able to invite whomever they want to contribute to it, anytime, anywhere.

Check out short demo video here:

<https://www.youtube.com/watch?v=vx4zWPhFKFM>

OPEN POSITIONS

Program Manager

*Monticello
Full Time*

Support Coordinator

*Fridley, Big Lake, Monticello, Brooklyn Park
Full Time*

Project Implementation Specialist

FMS Team - Full Time

Financial Management Specialist

FMS Team: Full time

Business Analyst

Full time

**Tell your friends and family about us!
Apply [HERE](#).**

Calling All Artists!

Do you like to paint, draw, take photographs, or create?

If so, submit a work of art to be considered for our 2022 Mains'l Holiday Card design! Artwork needs to be received no later than November 20, 2022. Those artists whose submission is chosen will receive a \$50 giftcard!

See attached flyer for more information.



Want to add something to the Announcements?

If there is something you'd like to see featured in the monthly announcements, please send the information to our Newsflash email:

newsletter@mainsl.com

Check out the attached flyers!

- Wellness: Live Well, Work Well Nov 2022
- Calling All Artists Holiday Card Contest
- Vote Minnesota Information