

MINNESOTA MONTHLY ANNOUNCEMENTS JUNE 2021



FUN DAYS IN JUNE

June 4: National Donut Day
June 18: Father's Day
June 19: Juneteenth
June 20: Summer Solstice
June 28: Pride Day



JUNETEENTH (a portmanteau of June and nineteenth) – also known as Freedom Day, Jubilee Day, Liberation Day, and Emancipation Day - is a holiday celebrating the emancipation of those who had been enslaved in the United States. It is a time for assessment, self-improvement and for planning for the future to work toward social justice. Mains'l has joined in recognizing this as one of the paid holidays this year and the years to come.



Golden Valley Pride Festival is asking the community to celebrate Pride Month in a new way! They will be hosting a drive-through, bike-up, or walk-up event. For more information, check here: <http://www.goldenvalleypride.com/2021pride/>



Virtual Bingo is on pause for the summer. Enjoy the outdoors and we'll see you again in the fall!

May Compass Award Winners

Swallow Team
Jayla Loving
Heather Wilford
Anne Murray
Reni Moltzan

There are now 2 ways to nominate someone! Do what works best for you!

1. Call Recognition and leave a voicemail: 763-494-4553 ext. 222
2. The form can be found and submitted through the website: <https://www.mainsl.com/compass-nomination/>

Feed my Starving Children Opportunities

- Volunteer
- Support a Mobile Pack
- Host a mobile pack event
- Fundraise for Feed my starving children

**See the attached flyer for more information on how you can help!*

During the May Summit session we learned about the **FIVE VALUED EXPERIENCES**, a way to support people to have full meaningful lives through experiences all people should have. This includes: **Belonging**- in a diverse variety of relationships and members, community participation is key to finding belonging. **Being Respected**- as whole persons whose history, capacities, and futures are worthy of attention and whose gifts engage them in valued social roles. **Sharing Ordinary Places**- and activities with other people, having chances to live work and play in ordinary community settings. **Contributing**- by discovering developing, and giving their gifts in pursuits that makes a positive difference to other people. **Choosing**- having the freedom, support, information, and assistance to choose what they want in everyday situations in ways that reflect their highest purpose.



Want to learn more about how the Five Valued Experiences can be used to create a full meaningful life? Please check out www.inclusion.com or watch the in-depth video on YouTube: <https://www.youtube.com/watch?v=p5iMTSF938I>

COVID Updates

- We have updated our office preparedness plan. Link to the full plan: https://www.mainsl.com/wp-content/uploads/2020/03/COVID_19_Office_Preparedness_Plan_05.27.2021.pdf.
- As we continue to prepare for our work through the COVID 19 pandemic and beyond, we are collecting information for our agency to be able to report our vaccination status amongst our workforce. Survey link here: <http://survey.constantcontact.com/survey/a07ei2059b0kp8t0hi9/start>

Thank you in advance for your time and feedback.

WATCH THE LATEST MAINS'L VIDCAST EPISODE TODAY!



Check out the latest Mains'l Chat!

#LifeBalance Working on creating more balance in your life? Check out our latest video blog, Mains'l Chat, <https://www.mainsl.com/mainslchat/> to hear tips from Allison Bohlke, our wellness senior manager.

Want to add something to the Announcements?

If there is something you'd like to see featured in the monthly announcements, please send the information to our Newsflash email:

newsletter@mainsl.com

Check out the attached flyers!

- Action for Happiness Calendar: June
- HealthE by Medica: Learn ways to get more active
- Feed My Starving Children Opportunities Flyer