

MINNESOTA MONTHLY ANNOUNCEMENTS JANUARY 2023



FUN DAYS IN JANUARY

Jan 01: New Year's Day
Jan 02: Introvert Day
Jan 11: Clean Your Desk Day
Jan 16: Martin Luther King Jr. Day
Jan 24: Compliment Day



Happy
New Year
2023

Happy New Year's from Mains'!

What traditions do you celebrate?

Fun Fact: Many believe that anyone who makes a dish of black-eyed peas, pork and rice on January 1 will experience luck and peace for the rest of the year, or eating round foods on New Year's Eve will lead to prosperity.



Minimum wage increase!



Beginning January 1, 2023 minimum wage will increase to \$10.59 in MN. If you work any Sleep Overnights, the pay for those hours will increase from \$10.33 to \$10.59 an hour. Please

reach out to your supervisor or HR if you have further questions.

Policy Update

We've made an adjustment to our PTO policy for Full-time employees using Funeral Leave. Funeral leave will now be called Bereavement Leave. Check out the changes in the Document Center in Sandata.

November Compass Award Winner

Roshanda Jack

Want to nominate someone? The form can be found and submitted through the website: <https://www.mainsl.com/compass-nomination/>

The Mains'l Advocacy Team invites employees, people we support and family members to join us in a conversation to build our engagement in advocacy efforts.

We are offering learning opportunities in 2023!

You will have two opportunities to participate: one live at the Brooklyn Park office on January 5th, and another over zoom on January 20th. Keep an eye out for an email with more information or contact Stacy Roe at sroe@mainsl.com.

This is available to ANYONE who wants to or needs to learn more about how to advocate with your legislators

The purpose of this course is:

- An opportunity to expand advocacy knowledge and skills
- To discover some ways you can advocate and how to be an effective advocate
- Connect to the individual and collective value of advocating



The learning objectives are:

- Discover what advocacy is
- Find resources and networks for advocacy
- Know and understand the legislative process
- Engage with legislators confidently and intentionally

OPEN POSITIONS

Program Manager

Maple Grove, St. Louis Park, Hopkins

Support Manager

Plymouth

Team Manager

Plymouth

License Practical Nurse

Nursing

Payroll and Accounting Manager

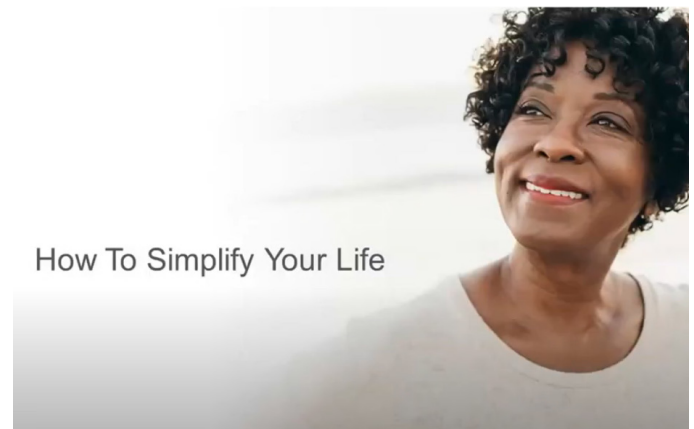
FMS

Financial Management Specialist

FMS

**Tell your friends and family about us!
Send them this link and apply [HERE](#).**

Wellness



How To Simplify Your Life

This 30-minute session will provide you with tips to define your values and beliefs, identifying methods for decluttering, tips to streamline chores and commitments, and discuss the importance of supportive relationships in your life. You will have time to also write an action plan for how to simplify your life. <https://youtu.be/vVzpi96NEoQ>

Want to add something to the Announcements?

If there is something you'd like to see featured in the monthly announcements, please send the information to our Newsflash email:

newsletter@mainsl.com

Check out the attached flyers!

- Wellness: Live Well, Work Well Jan 2023