



PERSON CENTERED THINKING TRAINING

Person Centered Thinking (PCT®) focuses on empowering people to have positive control in their lives. PCT approaches respectfully address issues of health and safety from a variety of perspectives.

The use of PCT skills helps us get to know people, discover how to respectfully support them, and keep learning as we act upon what we hear. The skills taught during the training are effective with all people, and are especially helpful for individuals and teams who are working to:

- **Determine the best supports and services**
- **Sort through issues at work or home**
- **Develop plans for students or others facing major transitions**
- **Plan for the future with a partner**
- **Support families through a variety of life transitions**

The 2-day (and newly scheduled 4-half day) interactive training will focus on:

- **Learning to balance what is important TO a person and what is important FOR a person**
- **Practicing PCT Discovery Skills that help us better understand a good balance for the person and how to best support them**
- **Introducing PCT Everyday Learning Skills to capture ongoing learning and support the person to create a life they envision.**

Disclaimer: Those who successfully complete the PCT® training are ready to facilitate the use of PCT skills within teams, but are not certified to train others.

PCT Training is **designed for employees at all levels**, especially those in supervisory roles, as well as people receiving services and their family members.

Trainings are offered regularly at the Mains'l office, 6840 78th Ave. N, in Brooklyn Park. We can also schedule at your location, which can be a great opportunity for team building.

Our trainers are certified by The Learning Community for Person Centered Practices and are experienced Person Centered Plan facilitators.

2020 Training Calendar

4-Day Classes - 10 am - 2 pm each day:

Mondays, January 6, 13, 20, 27

Mondays, April 6, 13, 20, 27

2-Day Classes - 9 am - 4 pm each day:

Mon., March 16 and Tues., March 17, 9 am - 4 pm

Wed., June 17 and Thurs., June 18

Thurs, Aug. 6 and Friday, Aug. 7

Mon., Sept. 21 and Tues., Sept. 22

Thurs., Nov. 5 and Fri., Nov. 6

"I had a lot of moments where I was able to connect this information to my daily work. I would want all my staff to attend this training".

"This training had a lot of information, activities and tools. All tools can ultimately end in the same result: gathering information and figuring out what to do with that information. It's just a matter of picking what works best for me (my programs)".

- Comments from PCT Participants



Sign up today! Call 763-494-4553 or
mainsl.com/person-centered-supports/

