



THE BUSINESS OF
HOPES & DREAMS

2019 - 2020
**COACHES
COHORT**

BECOME COMPETENT, CONFIDENT AND CONSISTENT IN COACHING PERSON CENTERED PRACTICES

Most people need support as they build confidence and competence in any new skill. The Coaches Cohort is designed to support each other in keeping person-centered practices alive, both individually and as an organization, and develop skills as a PCT Coach. You can think of the Cohort as a support group, where coaches will learn together, and feel confident in taking action to continue implementing person centered practices throughout your organization, improving the lives of your employees and the people you support.

Who should be selected to participate in the Coaches Cohort?

Person-Centered Thinking coaches are people who use and lead person-centered skills/practices in the day to day function of their official job duties. It is recommended that organizations register participants from across all areas within the company, including program services and administration.

Program
Managers

Support
Coordinators

HR, Finance,
other
professionals

Service and
case managers

Senior/lead
DSPs

What can Coaches Cohort members expect to learn?

- Lead the implementation of person-centered thinking skills
 - Demonstrate how person centered thinking skills work
 - Support the skills in becoming habit
- Make changes that improve quality of life for those who use the services and those who provide the services
 - Make the changes that can be made without permission or altering policies, procedures, or structures (level 1)
 - Identify those changes that need to be made but require permission or a change in policies, procedures, or structures (level 2)
- Support the development of a positive organizational culture characterized by:
 - Partnership
 - Learning
 - Accountability

What are the benefits of participating in a Coaches Cohort?

- Expand your knowledge and skills in Person Centered Practices within your organization
- Expand your existing Coaching knowledge, skills and abilities
- Grow and develop others' use of Person Centered Practices



THE BUSINESS OF
HOPES & DREAMS

2019 - 2020
**COACHES
COHORT**

- Connect with your leaders – learn how to share accomplishments, improvements, and things you believe can and should be changed or improved
- Learn to work smarter not harder
- Build stronger working relationships with your teams
- Improve the lives of the people you support and the people with whom you work

Interested? Here's how to get started.

Coaches need to be able to attend the kick off and all scheduled training days (six total days); see below. Prerequisite: all members of the Coaches Cohort will have participated in the 2-Day PCT Training prior to the kick off date.

Orientation + Kick Off:
Monday, Oct. 7, 2019

Day 1:
Thursday, Nov. 14, 2019

Day 2:
Thursday, Dec. 10, 2019

Day 3:
Thursday, Jan. 16, 2020

Day 4:
Thursday, Feb. 20, 2020

Day 5:
Thursday, Mar. 12, 2020

All training days are 9:00 a.m. – 4:30 p.m. Location of Orientation/Kick Off and Training Days TBD; most likely in Hennepin County.

The cost of the six-month Coaches Cohort is \$300.00 per person. For organizations sending more than 4 people, the fifth participant is free.

If you are interested in learning more about the Coaches Cohort, or are ready to sign up, please contact:

Brittany Wood at bswood@mainsl.com or 612-554-3694.