



The Transportation Program teaches skills and offers real life opportunities

The Transportation Program

Using the B-Line Public Transit system is an efficient and convenient way to get around town. For some people, however, using public transportation can be challenging.

Mains'l Services now offers a Transportation Program to guide people with disabilities to a greater independence in the community through practical training on riding the public bus.

Benefits of the Transportation

- ✓ Improved self-confidence by discovery of new abilities and competencies
- ✓ Builds extended community and social networks
- ✓ Increased awareness of, and participation in the communities in which they live
- ✓ Greater life satisfaction through increased control over personal and work life
- ✓ Improved community living skills and ability to move about the community using transportation safely and independently
- ✓ Increased critical thinking and problem solving skills
- ✓ Improved ability to follow instructions and to work collaboratively and independently
- ✓ Increased communication and self-advocacy skills
- ✓ Enhanced self-esteem

Moving in the Right Direction

Participants learn to safely access public transportation with training from staff and guidance from peers. Participants are trained on their specific bus routes to and from their day or work programs. Participants will learn valuable safety lessons and maximize their independence in the community. At the completion of the program, each participant will successfully ride the public bus as independently as possible.

The transportation program also provides a unique opportunity for consumers to assist peers in using public transportation. Bus Guides learn the skills to teach their peers how to safely use the public transit for work or day services. This program is a unique approach to accessing the community, while enhancing self-esteem and independence for both the Bus Guide and new rider.



The Transportation Program is a service of Mains'l Services, whose mission is to "offer innovative supports to people, responding to their hopes and dreams."



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Call 530-894-2507 ext. 303, today!