



PERSON CENTERED PLANNING

Person Centered Planning helps people to discover what's important to them. Working with a person and those closest to them, our planners support people in “drawing” a picture of the life they want to live — and then work together to figure out how to best get there. Some things may already be present in their lives that they want to continue; other things may need to be changed.

Sometimes people have challenges in their life that can be overwhelming. The person centered planning process can impact the way we approach barriers and create a direction for a more positive outcome.

Person Centered Planning helps people to:

- ↳ **Strengthen their own voice**
- ↳ **Recognize skills, talents, abilities**
- ↳ **Build existing relationships**
- ↳ **Develop a path for valuable life experiences**

A Person Centered Plan is the guide for planning for the future they see for themselves.



YOUR PATH TO SUCCESS STARTS HERE



**WE ALL HAVE DREAMS
DISCOVER THE POSSIBILITIES**

"Thank you for helping my daughter identify and implement the change she wants in her life."

- Mother of a participant in Mains'l Person Centered Planning



WANT TO LEARN MORE?
Contact a Mains'l Navigator today at mainsl.com.