

Offering innovative supports to people, responding to their hopes and dreams



mainsl.com

7000 78th Ave N
Brooklyn Park, MN 55445
763-494-4553



**OUR VISION IS A WORLD
WHERE PEOPLE LIVE WITH
MEANING AND PURPOSE**



Supports For People

Mains'l supports people who need assistance to live successfully in their homes and communities. We offer completely customized, person centered supports to help people live a meaningful life of their choosing.



Together we're making the world a better place, one person at a time.



Are you living your life the way you want? We'd like to help you realize your hopes and dreams — living and working where you choose, being involved in your community, developing relationships, and exercising your rights.

Our supports for people



Supports for Living, For Learning, For Life: We offer lots of choices that support your life decisions as you pursue your dreams. Together we look at opportunities to build your academic, social, living, work, health, and recreational skills. Whether going to college, improving your computer skills, finding a roommate or a place to live, it's your life, your way. We offer lots of options to choose from. Let's explore together.



Participant Directed Programs through Financial Management Services: Participant Directed Programs promote choice, control, and independence. Participants purchase the goods and services they need, and hire, schedule and train caregivers of their own choosing. We can help by handling employee payroll, tax filing, and processing payments for purchased goods and services.



Health and Wellness Supports: Our behavioral and mental health professionals and nurses support people to develop their emotional, social and physical wellness. There are times when our experiences keep us from being as healthy or happy as we want to be. Our health and wellness professionals support you as you pursue positive habits and interactions with the world around you. We listen, offer guidance, and together we will develop a wellness plan that works for you.



Person Centered Planning: Person Centered Planning is an approach to empowering people to define the direction for their lives. Our planners support people in "drawing" a picture of the life they want to live, and the person and their support team work together to figure out the best way to get there.